

Sunshine Swing



Offizielle Tanzbeschreibung
*** NCWTV Breitensportturnier 2018 ***

Description: 4 Wall, 32 Counts
Level: **Anfänger - Dance B**
Motion / Rhythm: Lilt (*auch: Pulse*) - East Coast Swing
Music: Rockin' With The Rhythm Of The Rain by The Judds (pitched down to 135 BPM)
Choreographer: Larry Bass

Start: 16 counts intro, start with the lyrics (at 0:10)

FORWARD TOE STRUT / FORWARD TOE STRUT / FORWARD TRIPLE / FORWARD ROCK

1,2 RF touch/press forward, RF step down/forward,
3,4 LF touch/press forward, LF step down/forward,
5&6 RF step forward, LF step next to RF, RF step forward,
7,8 LF rock step forward, recover weight back onto RF,

BACK TOE STRUT / BACK TOE STRUT / BACK TRIPLE / BACK ROCK

1,2 LF touch/press back, LF step down/back,
3,4 RF touch/press back, RF step down/back,
5&6 LF step back, RF step next to LF, LF step back,
7,8 RF rock step back, recover weight forward onto LF,

SIDE STEP-TOUCH w. CLAP / SIDE STEP-TOUCH w. CLAP / SIDE TRIPLE / BACK ROCK

1,2 RF step to R side, LF touch next to RF and clap,
3,4 LF step to L side, RF touch next to LF and clap,
5&6 RF step to R side, LF step next to RF, RF step to R side,
7,8 LF rock step back, recover weight forward onto RF,

SIDE STEP-TOUCH w. CLAP / SIDE STEP-TOUCH w. CLAP / SIDE TRIPLE w. 1/4 TURN R / BACK ROCK

1,2 LF step to L side, RF touch next to LF and clap,
3,4 RF step to R side, LF touch next to RF and clap,
5&6 LF step to L side, RF step next to LF, 1/4 turn R stepping LF back,
7,8 RF rock step back, recover weight forward onto LF,

REPEAT